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FOR IMMEDIATE RELEASE

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DAY OF PRAYER FOR THE HEALTH AND WELLNESS OF CLERGY AND MEN AND WOMEN RELIGIOUS

DOWNINGTOWN, **Pa. --** A Day of Prayer dedicated to the Health and Wellness of Clergy and Men and Women Religious will occur on Friday, **October 20, 2023**. The purpose is to provide spiritual support to those who tirelessly serve the Church and the people of God. It also serves as an awareness campaign and reminder of the importance of self-care, healing, and maintaining a strong spiritual foundation.

Saint John Vianney Center, the only behavioral health and addictions treatment and resource center providing holistic care and support exclusively for Clergy and Men and Women Religious worldwide, will host the event. The highlight will be a live streamed Mass from their Chapel at 11:00 a.m. Eastern Standard Time celebrated by Fr. David Brzoska, Chaplain of Saint John Vianney Center (SJVC), and concelebrated by Msgr. Roberto Garza, Board Member for SJVC, Pastor at St. Joachim Church in Miami, Florida, and President and General Director of Radio Paz.

To learn more and to download the media kit visit the dedicated landing page of SJVC's website: www.sjvcenter.org/dayofprayer.

"Amidst the challenges and demands faced by Clergy and Men and Women Religious, it is crucial to prioritize their health and well-being," said David Shellenberger, President and CEO of

Saint John Vianney Center. "The Day of Prayer serves as a moment of support and renewal as we collectively uplift our dedicated servants in prayer and seek God's grace for their continued service."

SJVC invites individuals, Catholic nonprofits, Catholic schools and parishes, dioceses, and religious communities, to join in this Day of Prayer, either by participating in the live-streamed Mass or by incorporating prayers and intentions for the health and wellness of Clergy and Men and Women Religious into their weekday Masses, and devotions. Those who wish to help promote this day are invited to display the Day of Prayer logo on their website, link it to our landing page, and use the hashtag **#SJVCdayofprayer** on social media.

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About Saint John Vianney Center

Saint John Vianney Center is a licensed and accredited residential behavioral health and addictions treatment and resource center serving Clergy and Men and Women Religious worldwide. The exemplary facility, staff, and resources distinguish SJVC as the premier center fully equipped to help ministers of the Church get and stay healthy in mind, body, and spirit.